## **ABSTRACT**

A metal halide lamp of the present invention has an arc tube formed of ceramic and a pair of opposing electrodes. This lamp includes a Pr (praseodymium) halide, a Na (sodium) halide, and a Ca (calcium) halide enclosed within the arc tube. The Pr halide content Hp [mol], the Na halide content Hn [mol], and the Ca halide content Hc [mol] satisfy the relationships of  $0.4 \le \text{Hc/Hp} \le 15.0$  and  $3.0 \le \text{Hn/Hp} \le 25.0$ .